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Rachel Worby

Rachel Worby, the dynamic maestro of the Pasadena Pops Orchestra, will guest conduct this year in Shanghai, Beijing, Israel and Barcelona before returning home for 12 summer concerts at Descanso Gardens. "Pasadena's such a friendly city. You see that most clearly in the weeks preceding the Rose Parade, when tens of thousands of volunteers are pasting grains of rice on the floats," says the six-year resident, who teaches interactive

workshops at local schools, directs "Side-by-Side-by-Symphony"— a program allowing students performance experience with the Pops' musicians—and

is also the founder and music director of the American Music Festival in Cluj, Romania. AL FRESCO BREAKFAST Julienne feels like Europe on a quiet tree-lined street and has the best scones this side of the Atlantic. 2651 Mission St., San Marino, 626-441-2299. BOOKSTORE At Vroman's, I read the NY

Times upstairs in the children's section with my daughter Diana after getting coffee downstairs at Zeli Coffee Bar. 695 E. Colorado Blvd., 626-449-5320. MUSEUM MEDITATION After reveling in the Impressionists housed in the Frank Gehry-remodeled interiors at Norton Simon, lunch in the garden is heavenly. 411 W. Colorado Blvd., 626-449-6849; nortonsimon.org.

Bistro 45

DINNER AT THE BAR I

always prefer the bar at at **Bistro 45**, because you're more engaged in the conversation than the food...and you get the same menu! 45 S. Mentor Ave., 626-795-2478. COMFORT DINING I love it at Gale's; she always comes over to chat. What I order is never important; it's about the feeling of being there. 452 S. Fair Oaks Ave., 626-432-6705. CONCERT-READY You can trust your most fragile moments to Stephan at Ecco of South Pasadena. He does my hair and makeup before every concert. 1017 El Centro St., 626-799-6446. MUSIC At

Old Town Music, find everything from violin strings to obscure sheet music to a bust of Beethoven Christmas ornament! 42 E. Colorado Blvd., 626-793-4730.

 ${\tt BEST}$ FOR A JOG 6 a.m. around the ${\tt Rose}$ Bowl.

Colorado Street Brid

There's such a diverse group of people—racing in wheelchairs, kids walking dogs, rollerskaters, bike teams. SCENIC EXCURSION Ride the **Gold Line** from

Memorial Park to Union Station and back. You get to see all of L.A.—it's kind of an event! Pasadena Pops Orchestra, concert dates June through September, pasadena pops.org; worby.net. DAWN MOORE





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spend a summer evening is entertaining 2,000 people under the stars at **Descanso Gardens**. It's a hidden botanical gem. 626-792-7677.